

Grace Christian School
Middle School Sports Indemnification/Hold Harmless Agreement

The Virginia High School League does not require a physician's medical examination verifying the participant's fitness for participation in middle school sports. However, Grace Christian School does require that parents of middle school students sign the below waiver and release before the student may participate.

If parents are concerned that their child may have a medical condition which would put the child at risk through his/her middle school sports participation, they should obtain a physician's approval for the child to participate and also inform the school of any potential medical problems the child might experience as well as any limitations that should apply to the child's physical activity.

In consideration for the opportunity to participate on a middle school sports team at Grace Christian School, I, as parent or guardian, give my son/daughter/ward _____ permission to participate, and I further promise to indemnify, defend, and hold harmless Grace Christian School and its agents, employees, volunteers, or any other representatives of the school for any injury or harm that may result because of a pre-existing medical condition, known or unknown, with my child.

If a dispute over this agreement or any claim for damages arises, the Participant (or parent/guardian) agrees to resolve the matter through a mutually acceptable alternative dispute resolution process. If the Participant (or parent/guardian) and Grace Christian School cannot agree upon such a process, the dispute will be submitted for arbitration per the *Guidelines for Christian Conciliation* per the Institute for Christian Conciliation.

Parent/Guardian Signature: _____

Date: _____